

Connecting to Healthcare Applications

Starling Physicians is committed to providing you with the tools you need to manage your health. Once you are enrolled in Starling Physicians Follow My Health patient portal, you will have the ability to connect your health data to a compatible Healthcare App.

Currently, Starling Physicians has a Healthcare App called Medlio available to connect to receive a summary of your health data. In addition to accessing your health care records from Starling Physicians this application might be able to be used to gather your health information from other healthcare institutions.

Signing up with Medlio:

1. To access this new application, you will need to first have an account with our patient portal (FollowMyHealth). If you do not have a portal account, please see your doctor to sign up for an account.
2. You can download the Medlio application to your phone by searching for it either on the Google Play Store for Samsung and Android or the App Store for Apple products.
3. Once downloaded, open the application on your mobile device and click Sign Up to create a new account.
4. Within the application you can request your records from Starling Physicians under the myRecords section. Search for Starling Physicians at 2110 Silas Deane Highway, Rocky Hill, CT 060672313 to start importing a summary of your health information.
5. In order to download your healthcare information from Starling Physicians, you will need to provide your Starling Physicians Follow My Health patient portal credentials to authorize Medlio to import a summary of your health data. This process may take up to a few minutes to transfer your records.

Disclaimer: Your health data that you choose to share with a compatible Healthcare App may no longer be subject to federal laws and regulations that apply to your personal protected health information. Sharing your health information with a Healthcare App may be subject to further disclosure. Please review Terms of Use and the vendor's policies of the App you choose as they have different policies than Starling Physicians and Starling Follow My Health Patient Portal.

Have a different Healthcare App? Starling Physicians vendor will work with other vendor developers to identify their process for connection.