Examples of Physician Bios

Alan Stern, MD

Dr. Alan Stern was born in DuBois, Pennsylvania and is a graduate of Villanova University. He obtained his medical degree at Thomas Jefferson University in Philadelphia. His residency was at Thomas Jefferson and its affiliated Wills Eye Hospital, and he completed his training with fellowships at the University of Connecticut in cataract and corneal surgery.

Dr. Stern has thirty years' experience in ophthalmic surgery, with special interest in cataract surgery, corneal transplantation, and laser refractive procedures. He is a founding member of Precision LASIK Group, Chief of Ophthalmology at The Hospital of Central Connecticut, and co-medical director of the Connecticut eye bank.

In addition to his surgical practice, he is on the board of Vision Health International, an organization providing eye care and surgery to indigent patients in Central and South America.

Dr. Stern is a member of the American Academy of Ophthalmology, board certified and re-certified by the American Board of Ophthalmology, and a member of Connecticut Eye Society. Dr. Stern resides in Farmington, CT with his wife, and enjoys life with his two sons and two grandchildren.

David E. Sowa, MD

Dr. David Sowa is an established and highly skilled physician with over 25 years of experience in obstetrics and gynecology. He is well regarded in the central Connecticut community, earning numerous accolades for his quality and patient-centered care. In 2014, he was named a Top Doctor among the Southington, Bristol, and Plainville areas by The Observer's Reader's Choice Awards. He also received Compassionate Doctor Recognition for four consecutive years and the Patient's Choice Award for seven years.

Dr. Sowa is active in the community and has spent 17 years with The Greater New Britain Teen Pregnancy Prevention Program. Additionally, with several office staff fluent in Polish, Dr. Sowa and his practice are well in tune to the local Polish community. He takes great pride in the care provided by the Family BirthPlace team at The Hospital of Central Connecticut, having delivered his own three children at the hospital. Dr. Sowa's passion is driven by the bonds he builds with his patients over the course of their lives and the enjoyment he holds in keeping them healthy and well.

Hear Dr. Sowa discuss the benefits of exercise, safety precautions, and how to determine the right pace of exercise for you. [Video link with interview of Dr. Sowa].

Examples of Mid Level Bios

Molly Nathanson, MSN, CNM

Molly Nathanson MSN, CNM is originally from Massachusetts where she attended Brandeis University for her undergraduate degrees in Health: Science, Society, and Policy, as well as Sculpture. In her junior year at Brandeis, she spent a semester abroad in Kenya studying the midwives of the Maasai tribe, solidifying her decision to become a midwife.

Molly later attended Columbia University's accelerated nursing program and continued on to get her master's degree in their Nurse-Midwifery program. While attending Columbia, she trained and volunteered as a doula in New York City. Molly explains, "I love supporting women and empowering them through all walks of life and I see myself as a partner in their OB and GYN healthcare. I especially enjoy building relationships and working with young women to help them as they establish their healthcare goals and needs."

In her spare time, Molly enjoys traveling, metal and fiber art, cooking, and spending time outdoors. She is conversant in German and American Sign Language. She is very excited to be part of Starling Physicians and is proud to work with such a fantastic team of practitioners.

Pamela Haskins, CNM

Pamela S. Haskins, CNM is originally from Springfield, MA. She received her nursing degree from Burbank Hospital School of Nursing in Fitchburg, MA. Pamela received her Certificate in Nurse-Midwifery from Baystate Medical Center in Springfield, MA.

Pamela's interests are in gynecology, contraception, and pregnancy care. Although she is no longer doing births, Pamela has delivered over 700 babies.

Pamela enjoys travel, spending time with her family, and restoring furniture. She also is involved in medical missions donating her time and expertise in clinics and hospitals. She has been to Haiti, the Dominican Republic, Kenya and is schedule to go to Tanzania in July, 2016. Pamela is also fluent in Spanish.

Biography Templates

1. Summary of training, clinical interests, personal

Dr. X is originally from Maine. She went to college at X University, where she studied art in addition to her pre-med studies. She earned her medical degree from the University of Connecticut and completed her residency training at Yale-New Haven Children's Hospital. Dr. X has a particular interest in the care of medically complex children and adolescents. In her free time, she enjoys spending time with her family, yoga and running.

2. Accomplishments in field and affiliations, personal

Dr. X has thirty years' experience in ophthalmic surgery, with special interest in cataract surgery, corneal transplantation, and laser refractive procedures. He is a founding member of Precision LASIK Group, Chief of Ophthalmology at The Hospital of Central Connecticut and Co-medical Director of the Connecticut eye bank. In addition to his surgical practice, he is on the board of Vision Health International, an organization providing eye care and surgery to indigent patients in Central and South America. Dr. X resides in Farmington, CT with his wife, and enjoys life with his two sons and two grandchildren.

3. Interesting background

Prior to X, served in the U.S. Navy where he was the Chief of Dermatology at the National Navy Medical Center, Assistant Residency Program Director at NCC and Assistant Professor of Dermatology Laser and Phototherapy at NNMC, and provided care to active duty military, retirees, congressional delegates and foreign diplomats to the U.S. Congress. Has authored articles in dermatology journals and presented at the annual meeting of the American Academy of Dermatology.

3. Length of time as doctor, area(s) of specialty, title, personal

Dr. X has been practicing in X for the last 35 years. In addition to internal medicine and geriatrics, Dr. X has significant experience in X. He is currently the medical director of XYZ. Dr. X his wife and children have lived in the Avon area for over 35 years. Dr. X maintains his health by playing tennis several days per week.

4. Personal

Dr. X lives in Farmington with his wife and 2 dogs. He enjoys spending time with his 4 children and 8 grandchildren. He likes biking, mountain climbing, and reading.